

Working Age Adults



Montpellier Recovery Unit at Wotton Lawn

If you would like further information, additional copies or would like to receive this leaflet in another language, large print or on audio format please contact the Trust Communications Team at Trust Headquarters, Rikenel, Montpellier, Gloucester, GL1 1LY. You can email us at 2gether.comms@glos.nhs.uk or call us on 01452 891604.

Montpellier Unit, Wotton Lawn Hospital, Horton Road, Gloucester GL1 3WL
www.2gether.nhs.uk

Mental & Social Healthcare

Montpellier_001
Review date: March 2013

2gether
Making life better

Foundation Trust
For Gloucestershire 

The following information is guidance for service users, carers and families to help prepare for an inpatient stay at Montpellier Recovery Unit.

Montpellier Unit is a 12 bed Low Secure Unit for male service users, who usually have a history of serious mental illness and need a period of time in a secure environment.

Professionals on our team come from health and social care backgrounds. You may have contact with a number of people in the team including Nurses, Doctors, Occupational Therapists, Sports Therapists, Social Workers and Psychologists.

What should I bring?

Here are some suggestions of what you might want to bring with you or that a family member or friend could bring you afterwards:

- day and night clothes
- shoes and slippers
- toiletries such as toothpaste, soap, shampoo, shower gel etc.
- change for the phone
- a small amount of cash

The above items may help to make your stay more comfortable.

Medication

Please bring any current medication to the ward on admission.

What **not** to bring

- large amounts of cash
- sharp objects – knives, scissors etc are not allowed on the ward
- any photographic or recording equipment – cameras, video or tape recorders
- alcohol and any non prescribed or illegal drugs

Visiting times

Visiting times as flexible as possible and within the hours of 9.00am and 9.30pm. Please speak with staff on the ward to arrange a time to visit.

Next of Kin

The rights of the Next of Kin for patients who have been brought into hospital under a section of the Mental Health Act (1983) will be sent to them by the Medical Records Office. The ward staff will also provide you with this information should you require it.

Who can help?

Our nursing team are always happy to offer support and advice when you arrive on the ward. Please discuss any issues or concerns with a member of the ward team.

Confidentiality

Your information will only be seen by the people who need to see it. We will always try to speak with you before we share any of your information.

Useful telephone numbers

Ward Office: 01452 891579

Please try to avoid telephoning the ward during nursing hand over periods.

They are as follows:

7.00 am – 7.20 am

1.45 pm – 2.45 pm

9.10 pm – 9.30 pm

Payphone: 01452 384436

The Mental Health Carer Support Team at Carers Gloucestershire can provide practical and emotional support to carers including support to maximise access to rights and welfare benefits. They also provide general information on mental health illness, treatment and local services. You can call them on: **01452 386283**

GUIDE and PALS is a free confidential service that can assist patients and their families with any questions or concerns they may have about NHS services, they also provide health, social care and disability advice, support and information. You can call them on: **0800 444000 or 08000 151548**

Important: Children under the age of 16 years must be accompanied on the ward by an adult at all times. Smoking is only allowed in the garden area.