

AGM ANNUAL REPORT 2007 – 2008

- **Guest Speaker** – Olivia Green from Penderals Trust gave a short talk on Direct Payments.
- **Speakout** – Speakout leaflets was distributed out on the 26th September 07 to the Trusts AGM meeting. Speakout flyers were distributed to all the day centres, doctors surgeries, wotton lawn hospital, resources centres, libraries etc.
- **World Mental Health Day** – World Mental Health Day preparations for an event started in May. Invitations were given to Trust Non - Executives.
- **Direct Payments** – Nico Williams the group treasurer was involve with Nick and Anna in designing the Direct Payments leaflet. The intention being that the leaflet would try and involve more mental health service users to take up the direct payments scheme.
- **G.I.S** – G.I.S invited Nico, Graham and Celia to attend the premises to look at their flyer and help redesign it to show that it was not just for physical disabled people. It was for people with mental health problems as well and to help services users and disabled people back into the work place.
- **Gym at Wotton Lawn** – Gym at Wotton Lawn rumours that the gym was closing. Speakout became involved to ascertain the Trusts policy on this matter.
- **World Mental Health Day** – World Mental Health Day the Theme was Mental Health in a Changing World: The Impact of Culture and Diversity. Presentations on the day were 1) Sue Baker from SOBS (Survivors of Bereavement by Suicide) 2) Miew Ning Chan gave a short talk on mental health problems in the Chinese community. 3) Agnes Kosuzeaski gave a talk on mental health in the Polish community.
- **Independent Review Configuration** – Independent Review Configuration panel held a series of meetings around the county at which various members attended.
- **World Mental Health Day** – World Mental health Day no representative of non-executives attended.
- **Guest Speaker** – Hannah Williams from Gloucestershire 1st gave a presentation on getting people back to work.
- **Guest Speaker** – Frank Powell, Non-Executive Director of the Partnership Trust gave a presentation of the role of a non-executive.

- Sue Hitchcock from the Personality Disorder Contact & Network Group came and gave details of the group and now is attending Speakout on a regular basis.
- **Guest Speaker** – Kathy Holmes gave presentation on The Best Practice Guidelines on Information sharing adopted by the Trust.
- **Getting Involved** – The Trust was going to do a stock take of services for Working Age Adults on the service Re-Design. Members were involved in the stock take.
- The Trust held an open event on 27th March at the Guild Hall. Speakout members attended and had a stand. Members were involved in taking part in the Trust promotional video.
- **Guest Speaker** – Lorna Thacker from Rethink Advocacy gave a talk on Rethink Advocacy Service. She invited Speakout members to attend SAG (Service Advisory Group) meetings every 6 months.
- **Guest Speaker** – Dave Hall gave a short talk on the Day Care Review which is now being finalised. We were informed that Barnwood House Trust would be managing day care services.
- Speakout meeting was cancelled.
- **Guest Speaker** – Nadia Novali (organiser) and Elaine Burden from MENCAP & GOPA from Gloucestershire Older Person Assembly gave a talk on Speakouts involvement in The Gloucestershire Service User forum. The contract that Speakout had with the Service User forum ended on the 31st of March 2008. This contract provided a sizeable portion of Speakout funding. Details of a further contract for future work would be sent to the group in due course.
- **Suicide Conference** – Members attended a Suicide Conference at the Hucclecote Centre on 17th April which was organised by the Gloucestershire P.C.T.
- The new chair of 2gether Rennie Fritchie attended and introduced herself to all members present. Pilot project to provide badminton sessions in the community discussed. Agreed to support project and seek funding from Barnwood House Trust.
- The Theme for Mental Health Day is about the provision of advocacy. Members agreed to work with Rethink and others to have an event for WMHD day.

- CPA workshop arranged at Brownhills Centre. Speakout members agreed to attend. Trust newsletter was given to members. Concern raised about no user representation at the Trust 60 years of the NHS celebrations.
- New contract with Mencap tabled. Contract passed to Angela to action. Guest speaker Jonathan Hill who gave a presentation on the new CPA proposals. Trust User reimbursement tabled.
- Members wanted to know if a new service users participation worker would be recruited.
- The Trust continue to support Speakout by providing a significant amount of administrative support through Joy Callum – Participation Administrative Assistant.
- A representative of the Trust at director level (currently David McGrath) attends monthly Speakout meetings and is able to provide information and to coordinate responses to any issues raised by members.
- Speakout members have taken part in videos the Trust has made on stigma and foundation trust membership.
- Speakout members stated there had been complaints that it was possible to see into downstairs windows at Wotton lawn and this was causing a problem with privacy and dignity. David McGrath was able to advise that the windows are tinted and that they will also have curtains.